



F O R T



NEW HAMPSHIRE

Military & Veteran Family Resource Guide: Educator Supplement



NEW HAMPSHIRE DEPARTMENT OF MILITARY AFFAIRS AND
VETERANS SERVICES

NEW HAMPSHIRE NATIONAL GUARD

GOVERNOR'S COMMISSION ON ALCOHOL & OTHER DRUGS:
JOINT MILITARY TASK FORCE

NH SUICIDE PREVENTION COUNCIL—MILITARY & VETERANS

Military & Veteran Family Resource Guide:

Educator Supplement

New Hampshire is proud to have many military & veteran families call our state home! There are many resources and opportunities available in New Hampshire for the families that have sacrificed to serve our country, but they can often be difficult to find or navigate. As an educator, you are on the front lines and in a valuable position to inform military families about the resources available to them if/when they may need them. This guide will familiarize you with some of the opportunities and supports available to military & veteran families. It is by no means exhaustive, but will serve as a good starting point. Most branch-specific services for active duty members are not included in this Supplement or the Family Guide—it is assumed families will be well aware of the services provided to them by their military branch during active duty service.

The Military & Veteran Family Resource Guide is filled with services and supports families can access directly to meet a variety of needs. Familiarize yourself with the resources in that Guide as most will not be duplicated in this Supplement. The Educator Supplement will provide additional information about those services in addition to resources that aim to supplement your understanding and knowledge of what military children & their families experience and how they can be supported.

The Family Resource Guide & Educator Supplement is a product of composition and assembly efforts of the Division of Community Based Military Programs at the NH Department of Military Affairs and Veterans Services. Updates will be made annually. Please share feedback or information for a future version by contacting: Amy.Cook@dhhs.nh.gov.

Disclaimers

The information in or through this guide is for education and informational purposes only and solely as a tool for your own use. You are encouraged to also conduct your own research and reach out to programs for more information about the potential eligibility of the children and families you serve. There is no guarantee as to the specific outcome or results you can expect from using the information you receive in this guide.

No Endorsement

References or links in this guide to information, opinions, advice, programs, products or services of any individual, business or entity does not constitute an endorsement. The guide is merely sharing information for your own information only.

Thank you for your service to military children & their families!



To My Child's Educator,

Over the course of your career you are likely to have the honor of teaching a military child, or several. While they may appear to be the same as all their peers, I can promise you that their lives have been filled with challenges and sacrifice. Unlike their parents, military children did not ask for this life and yet, they persevere. They endure missed birthdays, holidays and special events. They miss out on sharing every day moments while constantly worrying about the safety of their mother/father. Their lives are regularly disrupted by trainings, deployments and moves. We ask a lot of our military children and it is imperative that they receive support so that they too can reach their full potential, not just academically but socially, emotionally and physically.

Our military children are amazing! They are strong, resilient and hard working. And, they struggle. They may be quiet and have difficulty making friends. Why would they want to make a connection to another child/adult only to have it severed once again? They may act out in your class, not because they are trying to be difficult but because they are searching for any ounce of control over their lives that they can find. Even in the most challenging of times, they too are proud. Proud to be a military child, proud to serve their country in their own capacity, and proud of the uniform that their mother/father wear.

Knowing which of your students have a parent (or other close family member) that serves in the military is important. Knowledge is power and power gives you the ability to change lives! Our military children have sacrificed so much and it is our responsibility to ensure that they know they are seen, they are heard and they are appreciated.

Thank you for supporting our military children; they are often the forgotten heroes of our military. When mothers/fathers are away they count on those within the community to fill the void until they return. Our children depend on you and we--service members and military families--appreciate you.

Sincerely,
A Military Parent

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Do Your Research!

You are encouraged to conduct your own research for additional resources and contact programs directly for more information about potential eligibility. There is no guarantee as to the specific outcome or results you can expect from using the information you receive in this guide. The information is for educational purposes only and should not be viewed as an endorsement.



New Hampshire's Military Footprint

757 Active Duty military*¹

4,097 Reserve military*¹

***excludes those stationed overseas**

3,000 Army & Air National Guard

953 Civilians employed by military—federal employees¹

¹DoD Defense Manpower Data Center, 9/30/17

NH National Guard—NH Army National Guard & NH Air National Guard

NH NG Headquarters, Concord, NH

Pease Air Nat'l Guard Base, Newington, NH

Army National Guard Readiness Centers—Concord, Franklin, Hillsborough, Lebanon, Littleton, Manchester, Milford, Nashua, Portsmouth, Plymouth, Rochester, Somersworth, NH

Army National Guard Training Centers & Sites—

Army Aviation Support Facility, Concord, NH

Edward Cross Training Complex, Pembroke, NH

NHARNG Training Site, Strafford, NH

US Air Force

New Boston Air Force Station, New Boston, NH

US Air Force Recruiting Offices

US Army

US Army Recruiting Offices

US Army Reserve Centers—Londonderry, Keene, Portsmouth, Somersworth, NH; White River Junction, VT

US Coast Guard

US Coast Guard Station, Newcastle, NH

US Marine Corps

US Marine Corp Recruiting Offices

US Marine & Navy Reserve Center, Londonderry, NH

US Navy

Portsmouth Naval Shipyard, Kittery, ME

US Naval Reserve Training Center, Portsmouth, NH

US Navy Recruiting Offices



Department of Military Affairs & Veterans Services

WORKING TOGETHER TO SERVE NH SERVICE MEMBERS & VETERANS



Division of Veteran Services

DVS assists veterans who are residents of New Hampshire or their dependents in securing all benefits or preferences to which they may be entitled. As a result of the restructuring, DVS has hired additional Veteran Service Officers and has obtained a new software system to more effectively manage data. DVS will be maintaining a registry of former Pease AF Base service members in order to provide updates & notifications about the health concern investigation. **Contact William Gaudreau, Director, (603) 624-9230, William.Gaudreau@va.gov**

NHNG Service Member & Family Support

The Service Member & Family Support team provides resources and programs to enhance the readiness of Service Member's Families as well as contribute to the overall health, morale, and welfare of those families at any point during active military service or after military separation. The team partners with OVS Veteran Service Officers to meet a variety of needs. **Contact LTC Jeffrey Samon, Director, (603) 225-1329, Jeffrey.m.samon.mil@mail.mil**



Division of Community Based Military Programs



Through awareness, systemic change efforts, technical assistance services, and strategic partnerships, the Division of CBMP strives to create an integrated network of knowledgeable & well-equipped service providers who enhance systems of care in NH for service members, veterans & their families. The Division strives to better educate, coordinate and engage community providers around the needs of veterans. **Contact Amy Cook, Administrator, (603) 271-9394, Amy.Cook@dhhs.nh.gov**

NH State Veterans Cemetery

To express the State's gratitude for their service to the country, the NH State Veterans Cemetery provides and maintains a dignified final-resting place to honor all veterans and eligible dependents. The Cemetery conveys peace through natural beauty and is a source of pride to veterans' families and NH residents. The Veterans Heritage Learning Center, opened at the Cemetery in 2018, offers a robust, creative and interactive educational environment for students and the public to learn about the selfless service & sacrifice of NH military veterans and their vital role in our nation's military history. **Contact Shawn Buck, Director, (603) 796-2026, sbuck@nhsvc.com**



The Question: "Have you or a family member ever served in the military?"

Ask the Question

WHAT IS THE "ASK THE QUESTION" CAMPAIGN?

The ATQ Campaign is an initiative designed to encourage schools across New Hampshire to ask students if an immediate family member has ever served in the military, and to provide information, specialized resources and assistance to them if the answer is "Yes".

WHY IS IT IMPORTANT TO "ASK THE QUESTION"?

In New Hampshire, there are over 5,200 military children who have at least one parent serving our country. These numbers do not reflect youth who have siblings in the military, the stepchildren of military members, or children living with relatives while a parent is deployed. Adding the question to your intake procedures can open the conversation about the family's military experience and how it affects current concerns and needs for the student's academic and social success.



Asking the question can help your school to:

- Identify any physical medial and/or behavioral health needs related to their family member's service experience that should be addressed in treatment or service planning;
- Help a student thrive when a parent is deployed;
- Support families facing deployment and reintegration;
- Determine resources and support needs for the military member and/or their family (spouse, child, or other relations);
- Identify and address perceived barriers to accessing resources;
- Facilitate linkages and referrals to needed resources, both military and non-military;
- Improve peer sensitivity to military children.

WHAT HAS BEEN ACHIEVED FROM ASKING THE QUESTION?

ATQ has been implemented by individual providers, agencies and organizations across the state and has helped many military members, veterans, and their families.

Testimonial from ATQ Case Worker:

A post 9/11 combat veteran attended a Veterans Orientation at the University of New Hampshire. Because he had met other veterans at this orientation (where students were asked to self-identify), he was able to find fellow veterans in his classes and, knowing they 'had [his] back,' was able to push through his panic attacks and stay in the classroom for the duration of his classes. He is currently on track to graduate.



The Question: "Have you or a family member ever served in the military?"

WHAT STEPS ARE NEEDED TO IMPLEMENT ATQ?

1. Engage senior leadership to support campaign.	4. In schools, embed the question "Has your immediate family member ever served in the military?" in your intake forms and processes.
2. Identify a Veteran Liaison/Military Family Advocate to serve as an agency point person for military supports.	5. Develop systems to refer identified, eligible veterans, service members & their family members to the VA and connect them with the hospital Military Liaison.
3. Organize an internal Military Committee including staff who have served & military family members to strategize ways to operationalize ATQ.	6. Coordinate and provide military culture training for key staff, board members, and volunteers. Educate & engage all staff in the campaign.
Visit https://askthequestionnh.com or contact Amy Cook Amy.Cook@dhhs.nh.gov at the NH Bureau of Community Based Military Programs for more information and guidance.	

Military Culture Training Resources:

- PsychArmor Institute: <https://psycharmor.org/>
- Home Base Veteran & Family Care: <http://homebase.org/>
- PTSD: National Center For PTSD: <https://www.ptsd.va.gov/>
- Additional Resources: <https://askthequestion.nh.gov/resources/military-culture-training/>

RESOURCES

- NH Veterans Crisis Line: 1-800-273-8255
- NH Statewide Addiction Crisis Line: 1-844-711-HELP (4357),
- NH Psychiatric Emergency & Crisis Services: Statewide suicide hotline:
1-800-273-talk (1-800-273-8255),
- NH state benefits, application processes, and support - NHCarePath/Service Link:
1-866-634-9412
- Care Coordination Programs help address financial, employment, deployment support and other needs of military members and their families:
 - ✓ Active Duty: Care Coordination Program –NH (Broadleaf Inc.)
1-888-989-9924
 - ✓ Veterans of all ages and eras: Easter Seals Military and Veteran Services
1-603-315-4354
- Veterans Administration Services (Eligibility, Substance Misuse, Mental Health, Homelessness, Sexual Trauma, Employment, Transitions from Service, Veterans Justice, Women Veterans):
 - ✓ Manchester (NH) VA: 1-603-624-4366 or 1-800-892-8384
 - ✓ White River Junction (VT) VA: 1-802-295-9361 or 1-866-687-8387



ASK THE QUESTION

HAVE YOU EVER SERVED IN THE MILITARY?

One question can make a big difference.

Children's Services & School Systems

SUPPORT MILITARY FAMILIES BY:

*Helping a student thrive when a parent is deployed.
Supporting families facing deployment and reintegration.
Improving peer sensitivity to military children.*

WHY ASK THE QUESTION?

In NH, where many of our military serve in the National Guard or Reserves, we do not always know who in our community is serving. Guardsmen and Reservists often work civilian jobs, so even their neighbors might not know they serve. When a child has a parent or other family member serving in the military, he or she may experience a loved one's absence for long periods of time – sometimes to a war-zone where he/she may be in harm's way and out of touch. *The best way to identify and support a military child and family is to ASK!*

At the point of school/program enrollment ,
ASK THE QUESTION of the parent:
"Have you or a family member ever served in the military?"

WHEN THE ANSWER IS "YES," you may consider thanking them for their service. You may also then be able to find out more from the parents about the family's military experience that will help you to provide the best possible services and referrals. Asking further questions will also help you to:

- Build rapport with the parent and child and demonstrate interest and cultural competency
- Identify any deployment-related stressors on the child and family as well as any related behavioral, emotional, social, and academic implications for the child
- Explore deployment and reintegration challenges
- Link to any needed military and veteran resources and benefits, including VA and non-VA programs
- Identify family supports and resources as well as needs for support not yet met
- Address perceived barriers to the child or parent(s) in seeking support

**ASK
THE QUESTION**

Following are some questions that could be asked in the context of gathering information for more effective referrals and services. Pay attention to non-verbal cues, and show respect, curiosity, and empathy. Also be aware that responsiveness and effective follow-up are critical to building trust and rapport.

- When did you/your family member serve? What service era? Which Branch?
- In what ways may your need for services here be connected to your/your family member's military service?
- Is your child facing or has recently faced a family member's deployment or military duty away from home? If yes, when?
- Are you/your family member enrolled/connected to the VA or other veteran resource or organizations for support or services?
- What types of support are needed but not yet met?
- What reservations did you/your child have about coming in to seek support and assistance? Is there anything that might be a barrier to further seeking assistance?

Ask The Question

“Have you or anyone in your family ever served in the military?”

One question can make a big difference.

ASK THE QUESTION is a simply, recognizable, and powerful concept inspiring service providers across fields to better identify and engage the military-veteran population. ASK THE QUESTION allows for more informed coordination of resources and the ability to connect our military with supports & services.

AFTER THE QUESTION IS ASKED

The NH Commission on PTSD & TBI, in partnership with the Division of Community Based Military Programs, have made an ASK THE QUESTION Toolkit available to community service providers to assist with:

- ◇ Operationalizing ASK THE QUESTION
- ◇ Identifying key stakeholders to execute best-practices for providing culturally competent care
- ◇ Responding effectively to those you serve when they answer “YES”



FREE RESOURCE & TRAINING

Find Ask the Question Toolkit at: <https://www.dhhs.nh.gov/veterans/documents/atq-toolkit.pdf>

FREE training and consultation! Request free training or consultation on how to utilize and benefit from ASK THE QUESTION or the new ATQ Toolkit.

Contact: Amy Cook, Division of Community Based Military Programs; (603) 271-9394; Amy.Cook@dhhs.nh.gov

WHAT IS THE COMPACT?

Developed in 2006, the Military Interstate Children's Compact was adopted by all 50 states, the District of Columbia and the Department of Defense Education Activity. The Compact eases the educational challenges that military children encounter, and supports uniform treatment as they transfer between school districts in member states. Note: The Compact only applies to public schools.

STUDENTS COVERED

Children of the following:

- Active duty members of the uniformed services, including members of the National Guard and Reserve on active duty orders (Title 10)
- Members or veterans who are medically discharged or retired for one year
- Members who die on active duty, for a period of one year after death
- Uniformed members of the Commissioned Corps of the National Oceanic and Atmospheric Administration (NOAA), and United States Public Health Services (USPHS)

STUDENTS NOT COVERED

Children of the following:

- Inactive members of the National Guard and Reserves (Not Title 10)
- Members now retired not covered above
- Veterans not covered above
- Other Department of Defense personnel, federal agency civilians and contract employees not defined as active duty
- Members other than the uniformed personnel of NOAA and USPHS

SOME OF THE ISSUES COVERED

Enrollment

- Educational Records
- Immunizations
- Kindergarten & First Grade

Entrance Age

Placement & Attendance

- Course & Educational Program Placement
- Special Education Services
- Placement Flexibility
- Absence Related to Deployment Activities

Graduation

- Waiving courses required for graduation if similar course work has been completed
- Flexibility in accepting state exit or end-of-course exams, national achievement tests, or alternative testing in lieu of testing requirements for graduation in the receiving state
- Allowing a student to receive a diploma from the sending school instead of the receiving school

MISSION

Through the Interstate Compact, MIC3 addresses key educational transition issues encountered by children of military families.

CONTACT US AT

1776 Avenue of the States | Lexington, KY 40511
859.244.8133 | www.mic3.net | mic3info@csg.org

Meeting the Educational Needs of Military Kids

Excerpted from

Getting School Districts Ready for the Military Student Identifier published by the Lexington Institute; Doug Mesecar and Don Soifer, September 2018

https://forstudentsuccess.org/wp-content/uploads/2018/09/MSI-Lex-Report_final.pdf

Congress passed the Every Student Succeeds Act (ESSA) in 2015. The inclusion of a Military Student Identifier (MSI) into the law was an important accomplishment of ESSA, because its use extends this same visibility to our military families and to the educators who serve them.

ESSA requires all states to collect — and report — assessment data on military-connected students, defined to include students with a parent who is a member of the Army, Navy, Air Force, Marine Corps, and Coast Guard on active duty, including full-time National Guard duty.

The ESSA's MSI presents an important opportunity which, if used to its potential, can make an important difference as a tool to help schools understand the specific educational and social-emotional needs of the estimated 1.2 million military-connected students and to help better meet those needs.¹⁷ (Nearly 80 percent of military-connected students attend local public schools.¹⁸)

In fact, if implemented properly by state education agencies and used to its full potential by districts, schools, and educators, the identifier will benefit not just military-connected students, but also reveal their impact on other students, schools, and districts, and provide a way to evaluate the specific policies and services which impact them. The frequent transitions and the learned adaptability of military-connected students creates a flexibility, resilience, and independence among these students, which can provide a strong example to other students.

The most important details in these implementations will have to do with how state and district education agencies integrate the MSI into their existing student data systems to illuminate the progress these students are making in useful ways.

For example, one aspect of this work which can strengthen its usefulness will be how states' data systems include children connected with mobilized members of the National Guard and Reserves. While not required directly by the federal law to specifically identify children of mobilized Guard or Reserve personnel, it is widely recognized among educators that these student populations face specific challenges which can be different than those of other military-connected students, and thus there would be value in the ability to monitor their academic progress distinctly.

Also, while it is not explicitly required under ESSA that military-connected student reporting include all the other required accountability indicators, like the longitudinal growth of individual students on assessments and graduation rates, there would be considerable value in states and districts working to include this ability to track their progress within their student data systems. If school districts want to advance their work with military-connected students to the full potential made possible by the MSI, they should go beyond the law's requirements and identify which students are connected with the National Guard or Reserves and provide different supports for these students on the basis of their needs. The Military Child Education Coalition (MCEC) continues to serve as a valued advisor to many state education agencies as they work to adapt their data systems to optimally incorporate the MSI.

Knowing detailed information about military-connected students and families enables districts to better understand and better serve this important population, meeting students and families where they are at and helping them take full advantage of the educational opportunities while they are attending that district and school.

¹⁷ Department of Defense Education Activity, "Leveling the Playing Field for Military-Connected Students." <https://www.dodea.edu/Partnership/upload/Leveling-the-Playing-Field-for-Military-Connected-Students.pdf> or Clever & Segal, Demographics of Military Families, Future of Children.

¹⁸ Government Accountability Office, Education of Military Dependent Students, 2011, p. 11.



Frequently Asked Questions and Suggested Use for Military Student Identifier Code

Overview:

With the adoption of the **Every Student Succeeds Act (ESSA)**, military-connected students are now recognized as a distinct subgroup, including students with a parent who is a member of the Armed Forces (defined in section 101(a)(1)(4) of title 10, United States Code) on active duty (as defined in section 101(d)(5) of such title). Over 80% of military-connected pupils attend US public schools. Students with parents/guardians who serve full-time in the military move and change schools frequently. In addition, they experience separations from a parent/guardian due to their parents' service to the U.S. Military. The **Military Student Identifier (MSI)** provides educators with critical information to personalize attention to military dependent children. This document responds to frequently asked questions about the MSI and provides examples of effective implementation for State Education Agencies (SEAs) and Local Education Agencies (LEAs).

What is the purpose of this FAQ on the Military Student Identifier (MSI) Code?

- To restate the ESSA definition of a military-connected student
- To describe a school's responsibility to collect MSI information upon student enrollment
- To provide examples of appropriate collection methods
- To summarize procedures
- To provide examples of constructive uses of MSI information
- To provide the Common Education Data Standards (CEDS) description of the MSI.

What is the definition of a military connected student as required by ESSA?

The MILITARY STUDENT IDENTIFIER CODE (as it is commonly referred to in the field) indicates a student with a parent who is a member of the Armed Forces (defined in section 101(a)(1)(4) of title 10, United States Code) on active duty (as defined in section 101(d)(5) of such title).

What about Students of National Guard parents?

Students of parents who serve on full-time National Guard duty, where "armed forces," "active duty," and "full-time National Guard duty" have the same meanings given them in 10 U.S.C. 101(a)(4), 101(d)(1), and 101(d)(5) are also provided an MSI code.

"National Guard" means a member of the Army National Guard of the United States or the Air National Guard of the United States in the member's status as a member of the National Guard of a State or territory, the Commonwealth of Puerto Rico, or the District of Columbia

What are a school's obligations for collecting MSI data?

- Schools (LEAs and public Charters) must include the military student identifier question, for example in their student enrollment procedure.
- Each State or LEA will determine additional collection and reporting requirements related to their pupil management systems policies and processes.

How should a school ask the MSI question in an easy-to-understand way?

- A straightforward way to ask the question is to break it into parts:
 - "Is the student a dependent of a member of the United States military service in the Active Duty Army, Navy, Air Force, Marine Corps, or Coast Guard?"

Check "yes," "no," or decline to answer.

- Is the student a dependent of a fulltime member of the National Guard, or Reserve force of the United States military (Army, Navy, Marine Corps or Air Force)."

Check "yes," "no," or decline to answer.

- Is the student a dependent of a member of the National Guard, or Reserve force of the United States military (Army, Navy, Marine Corps or Air Force)."

Check "yes," "no," or decline to answer

What if a parent or guardian declines to provide the requested information?

- Parents/Guardians may decline to respond to this voluntary question. If a parent declines, the answer is reflected as "no."
- No parent/guardian should be asked to verify their military status by showing a military identification or other DOD documentation; however, verification of military membership may be required if the school has a special program for which eligibility is a requirement, such as state-funded prekindergarten.

How can these data be used?

- ESSA regulations ([section 200.2](#)) require States to be able to disaggregate assessment results within each LEA, and School by "Status as a student with a parent who is a member of the armed forces on active duty or serves on full-time National Guard duty, where "armed forces," "active duty," and "full-time National Guard duty" have the same meanings given them in 10 U.S.C. 101(a)(4), 101(d)(1), and 101(d)(5)."
- States (SEAs) may choose to require LEAs or public charters to include this information in their school report cards.
- Schools regularly disaggregate student demographic and performance data to determine program effectiveness, to identify areas requiring attention or resources, and to detect students in need of specific academic assistance. MSI data provide an additional dimension that more finely attunes the schools' programs to respond to the needs of children.
- The MSI is essential to improve and personalize academic and social/emotional responses for the unique military student population, which is highly likely to move and frequently change schools during their K-12 education years.
- Just as schools consistently concentrate on the unique needs of all students (e.g., English language needs, learning disabilities, economically disadvantaged), they can now add **another unique group of students** to consider in their planning, programming and curriculum design.
- For example, schools can review their welcoming practices, transition planning, and need for enrichment or additional "catch-up" tutoring for mobile military-connected students.
- By effectively utilizing MSI, schools can also consider programs that recognize contributions of the military to their community as they do for other groups.

Can schools get these data from the military rather than having to ask parents/guardians at registration?

- No. There is no current process available to connect students enrolled in schools and districts with their military parents. As you may expect, there are privacy and permission, as well as national security, implications associated with sharing data between and among governmental agencies.

Is the MSI designation connected to Impact Aid eligibility?

- No. The Military Student Identifier has a completely separate and distinct purpose from Impact Aid. Just as identifying a subgroup of students as economically disadvantaged is separate from student groups such as ethnicity, gender or special programs, the purpose of the MSI is to provide local educators with quality, actionable data concerning their military-connected students.
- See ESSA Title VIII, SEC. 7003. PAYMENTS FOR ELIGIBLE FEDERALLY CONNECTED CHILDREN. (20 U.S.C. 7703) for definitions of students identified for Federal Impact Aid. Several different criteria are used in this process. Federal Impact Aid encompasses military, Native American and civilians working on federal installations making it difficult to accurately determine eligible students from only military student identifier codes.
- For more information about Impact Aid, go to the US Department of Education, Office of Impact Aid Programs <http://www.ed.gov/about/offices/list/oese/impactaid/index.html>
E-Mail address: ImpactAid@ed.gov

What is an example of a school's MSI data collection form?

- See the example below for how one Texas public school district asks for MSI information:

Please fill out the following form, sign, and return to the campus for your KG-12th grade student

Military Connected Student

Student is a dependent of a member of the Army, Navy, Air Force, Marine Corps or Coast Guard on Active Duty

Student is a dependent of a member of the Texas National Guard (Army, Air Guard, or State Guard)

Student is a dependent of a member of a reserve force in the United States military (Army, Navy, Air Force, Marine Corps or Coast Guard)

None of the above

Is there a Common Education Data Standards (CEDS) data definition for the military student identifier?

- Yes, the **Common Education Data Standards (CEDS)** includes the following definition for military-connected students in the national standards.

Military Connected Student Indicator

Definition

An indication that the student’s parent or guardian is on Active Duty, in the National Guard, or in the Reserve components of the United States military services

Option Set

Description	Definition	Code
Not Military Connected	Student is not military-connected.	<u>NotMilitaryConnected</u>
Active Duty	Student is a dependent of a member of the Active Duty Forces (full-time) Army, Navy, Air Force, Marine Corps, or Coast Guard.	<u>ActiveDuty</u>
National Guard Or Reserve	Student is a dependent of a member of the National Guard or Reserve Forces (Army, Navy, Air Force, Marine Corps, or Coast Guard).	<u>NationalGuardOrReserve</u>
Unknown	It is unknown whether or not the student is military-connected.	<u>Unknown</u>

You may explore the Common Education Data Standards (CEDS) at <https://ceds.ed.gov/elementsCEDS.aspx>

AASA Toolkit: Supporting the Military Child



Guidance for school leaders on
meeting the unique educational needs
of children whose parents are
deployed or in transition



**AMERICAN ASSOCIATION
OF SCHOOL ADMINISTRATORS**

*The following pages were taken from this guide published by the American Association of School Administrators. Find the full manual online at:

[https://www.aasa.org/uploadedFiles/Resources/Toolkits/Other Toolkits/AASA Supporting the Military Child Toolkit/MilitaryChildToolkitComplete.pdf](https://www.aasa.org/uploadedFiles/Resources/Toolkits/Other%20Toolkits/AASA%20Supporting%20the%20Military%20Child%20Toolkit/MilitaryChildToolkitComplete.pdf)

5 Things School Leaders Can Do To Build Connections

By Randy Collins, AASA Past President and Superintendent, Waterford, Conn.

The average military family moves three times more often than its civilian counterpart, according to the Department of Defense. This transiency often disrupts a military family child's friendships, academic progress, and sense of connectedness. School leaders can ensure that during the time military children are in their schools—however short that time—these students have a sense of stability and safety and stay on track toward graduation. Here are 5 things school leaders can do to build connections:



- 1. Develop a welcome packet for military children.** Include information about the mission of the school district, graduation requirements, curriculum requirements, attendance requirements, dress code requirements, immunizations, and school calendar, as well as school-specific information about clubs and organizations, a map of the school, and bell schedule. Also include information about resources for military families, including special workshops, orientations, and transition activities. (See a sample Checklist for Transferring Students on the Military Child Education Coalition website at <http://www.militarychild.org/military-parent/checklist-for-transferring-students>.)
- 2. Establish a buddy program for military children at each school.** The buddy is a friendly face; a key source of information about the school, its programs, extracurricular activities, sports, expectations, and traditions; and someone to sit with at lunch and at athletic events. The Junior Student to Student and the Student to Student transition programs developed by the Military Child Education Coalition are effective models (www.militarychild.org).
- 3. Encourage parents and guardians to be active in the school.** Their presence in the school may provide a sense of comfort to ease their child's transition. Encourage their involvement in the PTA, on committees, and on school and district planning teams. In addition, parents may be able to share some insights into how the school can make their child feel more connected. Publicize volunteer opportunities in school newspapers and on the school and district websites.
- 4. Promote student participation in extracurricular activities.** Extracurricular activities are an excellent way for students to meet classmates and quickly feel a part of the school, so help them explore all the options. Military students may come to the school after the deadline for signing up for activities, auditioning for drama productions, or trying out for sports—encourage teachers and coaches to find a place for them anyway.

5. Encourage parents, guardians and students to become involved with national organizations. Involvement in national organizations such as Boy Scouts, Girl Scouts, and 4H will help families connect to the community. Association with national organizations also will pave the way for continued connections when the families move to a different community, where the organization can provide a sense of continuity.

5 Things School Leaders Can Do To Promote Academics

By Randy Collins, AASA Past President and Superintendent, Waterford, Conn.

The average military family moves three times more often than its civilian counterpart, according to the Department of Defense. This transiency often disrupts a military family child's friendships, academic progress, and sense of connectedness. School leaders can ensure that during the time military children are in their schools—however short that time—these students have a sense of stability and safety and stay on track toward graduation. Here are 5 things school leaders can do in the area of academics.



- 1. Promote a district policy that supports military students' academic success.** This policy encompasses a variety of issues, including ensuring seniors who transfer during the year are allowed to enroll in classes necessary for graduation; providing methods for students to preserve credits already earned (credit by exam, reciprocity of diplomas); and allowing students in kindergarten to continue their enrollment at the same grade level in a new school, regardless of age.
- 2. Maintain a district webpage specifically for military families.** Include the information military parents need about transfer of academic records, enrollment procedures, graduation requirements, immunization requirements, academic counseling, college admissions, and other support resources. (Examples include the "Military Connect" page on the Geary County, Kan., Schools website at <http://www.usd475.org/military.htm> and the "Information for Military Families page" page on the San Diego Unified School District website at <http://old.sandi.net/parents/military/index.html>.)
- 3. Schedule workshops for educators that focus on understanding the unique challenges of military children.** Topics might include establishing a safe and stable classroom environment, recognizing signs of stress, and sending positive messages.
- 4. Ensure students with special needs have comparable services.** Ensure district and school personnel have the most current IEP and can provide reasonable accommodations to address the needs of incoming students with disabilities.
- 5. Make exceptions.** Be compassionate. For example, allow additional excused absences for children to visit with a parent or guardian who has just returned from deployment, is on leave, or is getting ready to deploy. Understand that student misbehavior may be a response to stress or anxiety about the safety of a parent in combat.

5 Things School Leaders Can Do To Offer Support

By Randy Collins, AASA Past President and Superintendent, Waterford, Conn.

The average military family moves three times more often than its civilian counterpart, according to the Department of Defense. This transiency often disrupts a military family child's friendships, academic progress, and sense of connectedness. School leaders can ensure that during the time military children are in their schools—however short that time—these students have a sense of stability and safety and stay on track toward graduation. Here are 5 things school leaders can do in the area of support.



Offer Support

- 1. Set up transition centers at schools.** Establish a place where military children—and their parents and guardians—can get together to talk about their emotional concerns. Have information about family support organizations and services available at the district office and in each school.
- 2. Hold parent workshops** periodically through the year that focus on helping students make a smooth transition into and out of the school. Invite representatives from local military family support organizations to speak at a PTA meeting.
- 3. Provide counselors trained specifically in helping military families deal with change, deployment and grief.** These counselors should understand the challenges of families who are in transition, who may be reluctant to ask for help in dealing with emotions, and who are hesitant to make connections that they will have to break two years down the road.
- 4. Keep records of the military parents' units and plans for deployment.** Check them regularly and let teachers and other staff know if a student's parent is preparing to deploy. That should be a signal for them to prepare to offer additional academic and emotional support if necessary.
- 5. Work with military school liaisons.** School liaison officers are members of the military who work with military commanders to help school-aged children of military parents succeed in school. They also work with local schools to provide caring adults to enhance the education experience. Educators can work with liaisons to promote parental involvement and ease military children's transitions into and out of schools.

Fact Sheet on the Military Child

Did you know that:

- Approximately two million military children have experienced a parental deployment since 2001.
- There are currently 1.2 million military children of active duty members worldwide.
- Nearly 80 percent of military children attend public schools throughout the United States.
- The average military family moves three times more often than their civilian counterpart.
- The repeated and extended separations and increased hazards of deployment compound stressors in military children's lives.
- One third of school-age military children show psychosocial behaviors such as being anxious, worrying often, crying more frequently.¹
- The U.S. military consists of approximately 1.4 million active duty service members and 810,000 National Guard and Selected Reserve. Active duty military families live on or near military installations worldwide. National Guard and Reserve families might never live near a military installation, and look within their community for educational services, friendship and support.
- A positive school environment, built upon caring relationships among all participants—students, teachers, staff, administrators, parents and community members—has been shown to impact not only academic performance but also positively influence emotions and behaviors of students.²
- Supporting the military child takes a school-wide effort, and professional development opportunities to inform school staff of the academic and social-emotional challenges military children face.



References

1. Flake, E.M.; Davis, B.E.; Johnson, P.L.; Middleton, L.S. (August 2009). "The Psychosocial Effects of Deployment on Military Children." *Journal of Developmental & Behavioral Pediatrics*. 30, 4:271-278.
2. Blum, R. "Best Practices: Building Blocks for Enhancing School Environment." Military Child Initiative. http://www.jhsph.edu/mci/resources/Best_Practices_monograph.pdf

Resources for Supporting the Military Child

The following list provides a sample – by no means a comprehensive list – of resources for supporting the military child.

10 Things Military Teens Want You to Know (PDF)

The National Military Family Association created this toolkit to give the people in military teens' lives a way to help them manage the best and hardest parts of military life.

<http://www.militaryfamily.org/assets/pdf/What-Military-Teens-Want-You-to-Know-Toolkit.pdf>



Best Practices: Building Blocks for Enhancing School Environment

This monograph from the Military Child Initiative identifies four important components to creating a positive, supportive school environment.

http://www.jhsph.edu/mci/resources/Best_Practices

Building Resilient Kids

This online course from the Military Child Initiative is for school administrators, support staff and teachers to help all students meet life's challenges with resilience, focusing primarily on students from military families.

http://www.jhsph.edu/mci/training_course/

Education Resource Center

This page on the Military Child Education Coalition website provides information about state school requirements and resources for 50 states, DoDEA and Washington, D.C. Topics include assessment, curriculum and state standards, graduation/promotion requirements, planning for college, and special education.

<http://www.militarychild.org/military-parent/education-resource-center/>

Educators Guide to the Military During Deployment (PDF)

This booklet, sponsored by the Educational Opportunities Directorate of the Department of Defense, is intended to help educators build coping skills in students during and after a military deployment.

<http://www.ed.gov/about/offices/list/os/homefront/homefront.pdf>

How To Prepare Our Children and Stay Involved in Their Education During Deployment (PDF)

Tips for parents and educators from the Military Child Education Coalition.

<http://www.militarychild.org/files/pdfs/DeploymentBooklet.pdf>

Military Students on the Move: A Toolkit for School Leaders (PDF)

The School Leader's Toolkit is prepared by the Department of Defense to assist installation commanders, educators, and families involved in large-scale military relocations.

http://www.militaryimpactedschoolsassociation.org/misa/documents/SchoolLeadersToolkit_0306.pdf

Military Youth on the Move

This website for kids covers topics for military youth, like dealing with deployment and moving to a new location, and everyday youth topics, like dealing with divorce.

<http://apps.mhf.dod.mil/pls/psgprod/f?p=MYOM:HOME:1348575634374662>

SOAR (Student Online Achievement Resources)

A program for military families and the school districts that serve them. It aims to address the unique challenges facing military children in our nation's public schools, while benefiting the overall student population.

<http://www.soarathome.org/>

Tackling Tough Topics: An Educator's Guide to Working with Military Kids

A publication designed to help educators better understand and respond to the unique issues facing military kids whose parents or loved ones have been or are currently deployed, from the Washington State Office of the Superintendent of Public Instruction.

<http://www.k12.wa.us/OperationMilitaryKids/Resources.aspx>

Talk, Listen, Connect: Deployments, Homecomings, Changes (Sesame Workshop)

A bilingual (English and Spanish) multimedia outreach program designed to support military families with children between the ages of two and five who are experiencing deployment, multiple deployments, or a parent's return home changed due to a combat-related injury.

<http://archive.sesameworkshop.org/tlc/>

Tips for Helping Students Recovering From Traumatic Events (PDF)

A U.S. Department of Education guide for parents and students who are coping with the aftermath of a natural disaster, as well as teachers, coaches, school administrators and others who are helping those affected. Although the focus is on natural disasters, these tips may apply to other traumas students may experience.

<http://www.ed.gov/parents/academic/help/recovering/recovering.pdf>

Working with Military Children: A Primer for School Personnel (PDF)

The primer from the Virginia Military Family Services Board looks at the four major aspects of military lifestyle: separations or deployments, homecomings, relocation, and crises. It includes an activities section designed to help children cope with the adjustments that a military lifestyle can demand.

<http://www.k12.wa.us/OperationMilitaryKids/pubdocs/WorkingWithMilitaryChildren.pdf>

10 Ways Your School or PTA/PTO Can Support Military Families

Excerpted from November 12, 2018 at [Erin Martinez Parent Involvement](#)

Did you know there are currently over 1 million military children under the age of 18? Chances are, you have military families in your community. Sometimes they arrive at the start of the school year with many unanswered questions and other times they come halfway through the year needing even more help. Military families face a lot of difficulties that civilians may be unaware of.



Here are 10 ways your organization can support military families and welcome them into your community.

1. Welcome New Military Families to Your School

Add a New Family Liaison to your list of Chairman or Board Members to welcome new families and help them make the transition. In your Membership Toolkit database you can include a custom field that asks "are you new to our school". This makes it easy to send communication to new families and to assure that you know who they are.



New families will have many questions. Consider adding a Resource Center for New Families to your website. Usually military members know where they'll be stationed next and are able to search the website before they even arrive in the state. Don't forget to include contact information.

Extend a personal invitation to the next meeting. In a recent survey, 68% of military families had volunteered in the last month. Military families are an excellent resource for your PTA as they've been all over the country and seen it all!

2. Support for Military Families During Deployment

During a deployment, schools can be the only source of stability and routine a child has. Provide resources for teachers and staff on how to support children while their parents are away. Help teachers identify those who may need assistance.

Consider adopting a family going through a deployment and check in with them periodically. Sometimes something simple like offering to help shuttle the kids to different activities can be a big help. The National Military Family Association provides a great resource for communities that are supporting military families. Google the **National Military Family Association Community Toolkit**.

3. Know and Comply with the Military Interstate Children's Compact Commission (MIC3)

The MIC3 provides for the uniform treatment of military children transferring between school districts and states. As of August, all 50 states have adopted the compact. This compact covers children of active duty members in the Army, Navy, Air Force, Marines and Coast Guard and even active National Guard members and children of the Commissioned Corps of NOAA and the Public Health Service. Visit their website for downloadable brochures and one pages for schools.



4. Use Technology to Communicate with Service Members



Active duty service members may not be able to attend meetings and parent-teacher conferences but they do want to be involved. Include them in PTA/PTO emails and newsletters.



Arrange for teachers to have Skype or FaceTime conferences with the service member who can't make it in person. Classes might enjoy using Skype to talk to the service member and learn about their deployment and where they are stationed.

5. Show Support for Our Military

Display the service member's branch of service symbol on or near a teacher's door. It will show support for the military family and will also help military kids to identify others like them.



6. Celebrate the Month of the Military Child in April

Participate in an activity to show military families that you understand and appreciate them. Help the school participate in Operation Appreciation, a letter-writing campaign for service members and their families.

7. Create a Parent-Buddy System

Ask PTA members to volunteer to be a Buddy Parent for a new family. These volunteers can assure that the new families have a contact on who they can ask questions and they can help coordinate additional support that may be needed for the family. This helps ease the transition and can increase parent engagement.

This is also great idea for students--a friendly face in the lunchroom can go a long way to making a military child feel at ease.

8. Educate Your Community on Military Life



Include information in your newsletter that discusses military life. Ask military kids and their families if they would like to contribute essays, pictures, and other materials.

How can families in your school support service members and their units that are on deployment or veterans in your community?

9. Host a Freedom Walk

Show your appreciation to those in uniform including the military, police, fire and rescue. Classes can dress up as these heroes and parade outside. Veterans can be invited to speak and students can participate in an essay contest. Create a Hero Wall with names of veterans, active duty, police, fire and rescue family members.

10. Say Thank You

Showing your appreciation for what military families sacrifice can be as easy as saying thank you. **Remember that the entire military family serves.**



As Veteran's Day approaches, choose one or several of these simple ideas to show your support to Military Families.

Additional Resources:

<http://www2.membershiptoolkit.com/blog-0/10-ways-your-pta-can-support-military-families>



We're Proud
of You!

Month of the Military Child
We Thank You for Your Service, too!

Changing Lives Together

print these at MilitaryChild.org

NAME _____

OUR VISION

Every military-connected child is college, workforce, and life-ready.

OUR MISSION

To ensure inclusive, quality educational opportunities for all military-connected children affected by mobility, transition, deployments and family separation.

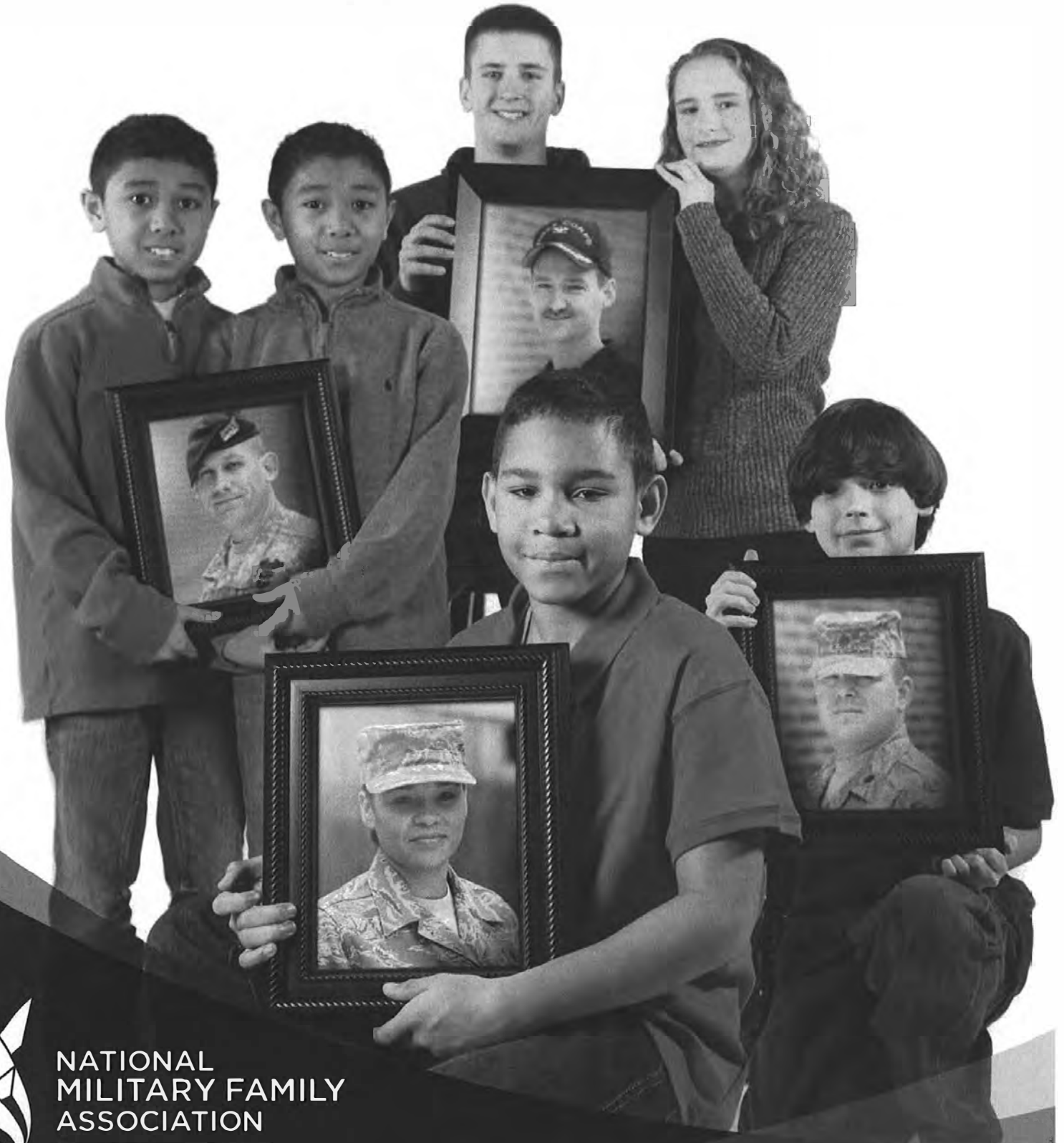
April, 2019

MilitaryChild.org

Artwork by Kaithleen | Grade 1 | Ramey School | Aguadilla, Puerto Rico | US Army

We serve, too.

A Toolkit about Military Teens



**NATIONAL
MILITARY FAMILY
ASSOCIATION**

Together we're stronger

INTRODUCTION

A recent RAND study commissioned by the National Military Family Association explored how children from military families are faring with the wartime deployments of their parents. RAND surveyed 1,500 youth (applicants to the Association's *Operation Purple*® summer camps ranging in age from 11 to 17), as well as each subject's non-deployed parent at home.

The study found that rates of anxiety among military children—as well as emotional and behavioral difficulties—are higher than the national averages, and that longer periods of parental deployment exacerbated these challenges.

The study also found that the majority of military families are healthy and coping well with the challenges of deployment. And for those youth and families struggling, the study offers hope and cites specific areas of opportunity to strengthen military families.

Ten Things Military Teens Want You to Know

Each summer, the National Military Family Association's *Operation Purple*® program provides a free week of camp for thousands of military youth who have a parent serving in the Uniformed Services. We ask them to tell us the best and hardest parts about military life in a popular activity called the Top Ten list. The messages in this toolkit summarize what they've said over the past few years.

The National Military Family Association created this kit to give the people in military teens' lives—teachers, school counselors, coaches, community or religious youth group leaders, neighbors, family friends, or relatives—a way to help them manage stress and affirm the positive aspects of military life.

What we hear repeatedly from military teens is that they need people in their community to know what they're going through.

Find this Toolkit online!

The best thing you can do for a military teen is know who they are and be there when they need someone to talk to.





NH National Guard Family Programs

Resource and Referral Line: 877-598-0666

Family Assistance Center Program

Family Assistance Centers were established in order to help support geographically dispersed, currently serving Service Members, Retirees, and their families, from any branch or component. The Family Assistance Specialists (FAS) simplify the process of accessing a variety of services and support. The primary mission of the FAS is to connect the people they serve, with the resources and referrals they need, in order to enhance their quality of life.

Type of Resources Provided:

Legal

POAs/Wills

Service Members Civil Relief Act

Employer Support to the Guard and Reserve (ESGR)

ID Cards/DEERS

Information on DEERS/RAPIDS

Help finding ID card centers

Financial

Provide referrals for budgeting

Financial Assistance

Community Information and Outreach

Soldier and Family Readiness Support (available to NH Army National Guard Soldiers and Families)

A Soldier and Family Readiness Group (SFRG) is a key component of mission readiness. As a command-sponsored organization, the SFRG is an important entity to network, communicate and support our Service members and Families. Family Readiness Support Assistants (FRSAs) provide guidance, assistance and day-to-day support and continuity for the Commander's Soldier and Family Readiness Program, operations, initiatives.

Child & Youth Program

The Child and Youth Program provides dependent youth of Army National Guard Members with free summer camp, vacation camps, teen leadership opportunities, winter break kits, military youth appreciation certificates, awareness raising briefings to community, and Yellow Ribbon event support.

Program Goals:

- Deliver recreational, social, and educational programs for New Hampshire's military youth that build a sense of belonging and provide opportunities for them to network with other military families in their community.
- Provide New Hampshire's military youth with opportunities to build teamwork, develop life skills, leadership skills and ensure they are better able to manage their lives throughout the deployment cycle by fostering resiliency.
- Educate military families, schools, and community personnel in New Hampshire on the impact of deployment cycles on military families and the resources, support services, and programs available to them.

10 THINGS EDUCATORS SHOULD KNOW ABOUT TUTOR.COM FOR MILITARY FAMILIES

1 Personalized On-Demand Student Support

Every Tutor.com session is one-to-one between the tutor and student. Your students get help with their own specific questions or assignments—right when they need it.

2 Extends the Learning Day

When students are struggling with homework after school, on the weekends and at midnight, our tutors are available to help any time, any day.

3 Supports Student Achievement

95% of students who use Tutor.com say it helps them complete their homework and improve their grades. That way, students come to class prepared and ready to learn.

4 Builds Confident Learners

Students also report that Tutor.com helps them feel more confident with their school work. In fact, 86% of students are more likely to take an AP course if they have Tutor.com.

5 Tutors You Can Trust

All of our tutors—more than 3,000 of them—complete a rigorous application and qualification process that includes an extensive third-party background check.

6 50+ Subjects

Students can get help with all math, science, social studies and English subjects, including algebra, chemistry, statistics, biology and essay writing. World language help is also available for Spanish, German and French.

7 Test Prep, Too

Tutors can help students prepare for the SAT, ACT or other standardized tests.

8 Accessible From Anywhere

Wherever your students have online access—at home, at school and anywhere in between—they can connect to a tutor using any internet-enabled computer or mobile device.

9 Students Love It

We get thousands of comments every day from students who tell us they “absolutely love Tutor.com” and the boost it gives their grades, confidence and interest in schoolwork.

10 It's Easy to Use and Free for Military Families

Students in military families sign in at [tutor.com/military](https://www.tutor.com/military) to connect with a tutor at no cost. All students need to do is choose a subject and ask a question. The tutor takes it from there.

“I absolutely love this site, especially being a military child, and moving around so much, and having different classes this helps so much!!!!”

~ **10th Grade, Army Student**

Questions?

Students need help accessing the service?

Contact us at militarysupport@tutor.com

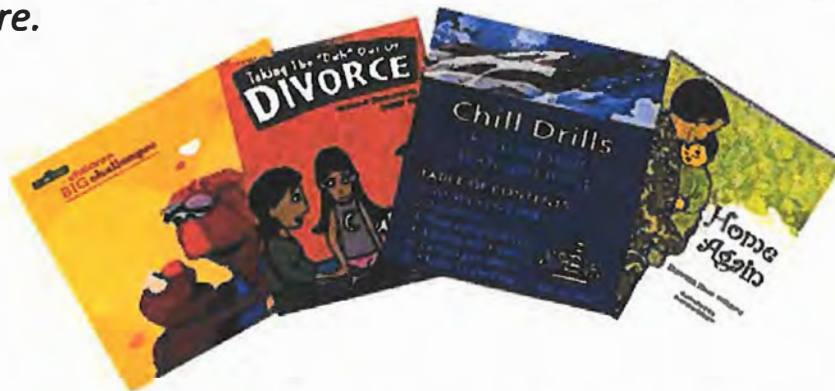
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MILITARY ONE SOURCE

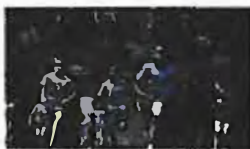
School professionals may set up an account with Military OneSource and order materials and have them shipped at no cost. Items include books, videos, and more on a variety of topics to include on separation, family changes, mindfulness exercises and more.



Free services from Military OneSource include but are not limited to:



Non-Medical Counseling that is strictly confidential for eligible individuals occurs face to face, by telephone, or via secure online chat or video conference. Issues may include deployment and reintegration concerns, parenting, grief and loss, changes in family status, etc.



Health & Wellness Coaching is available at no-cost on a variety of issues such as time management, weight loss, fitness, nutrition, etc.



Education Consultations which include research and referrals for services or programs specific to service members' educational needs. Specialists may provide members with referrals to in-home tutors and tutoring centers in the area, as well as public and private school information, college profiles based on desired degree and specific requests, financial assistance, and scholarship and grant program referrals.



Special Needs Consultations can assist families in addressing questions and concerns regarding the care and education of a family member with special needs — both children and adults. Whether they are concerned about the special education cycle or finding information about specialized doctors, Military OneSource consultants can assist them with any non-medical concern.

MILITARY ONE SOURCE

All these services are available by calling 1-800-342-9647

MILITARY ONE SOURCE

militaryonesource.mil

Military OneSource is a Department of Defense program that provides FREE services to all members of the military regardless of branch (Army, Navy, Marines, Air Force) or component (Active, National Guard, Reserves) and their family members. School professionals may create an account on the Military OneSource website to access to the Morale Welfare Recreation (MWR) libraries. Some of the libraries that are available to students and school professionals are:



Teacher Reference Center is an EBSCO library with indexing and abstracts for more than 270 of the most popular teacher and administrator journals and magazines.



Academic Search Libraries-including periodicals, reference books, newspapers and a variety of other sources.



Peterson's Education Resource Center-test prep for the PSAT, SAT, ASVAB and more, as well as quick quizzes, study tips, test information and deadlines and a scholarship finder.



Peterson's Online Academic Skills course, designed to help you improve your math and verbal skills and advance your education with interactive exercises, practice sets and individualized help.



Tumble Books-animated picture books and spelling games to graphic novels and e-books with high-interest subjects for teens.

All of these and more may be found by visiting
www.militaryonesource.mil or www.militaryonesourceeap.org

MARCH 2 SUCCESS

march2success.com

COLLEGE SUCCESS STARTS HERE



March 2 Success is an interactive online test preparation system that is unsurpassed. The system provides a full array of subject specific assessments and remedial courses tailored to the student's educational needs, as well as practice drills and tests. The March 2 Success system can enhance and refresh students knowledge and assist them in achieving their educational or career goals.

March 2 Success is an online, self-paced course designed to improve student performance on standardized tests while enhancing student math, science, English and STEM (Science, Technology, Engineering, and Math) Skills.

To have a strong future, the U.S. Army provides all its employees with a large selection of educational programs and benefits.

Now the Army is extending that commitment to young adults still in school.

March 2 Success is available 24 hours a day 7 days a week so students can log on at times that are convenient for them. March 2 Success is free. There is no obligation.

CONTENT

March 2 Success provides cutting-edge assessment software and world-class education content in an easy-to-use, self-paced format designed to accelerate the student learning curve for state assessment testing, SAT and ACT practice and preparation. This content was developed by Peterson's, a Nelnet company.

Peterson's has been a leading provider of solutions for the education community for more than 40 years. Its online and print resources help students increase test scores, find a college that fits their educational goals, maximize higher education affordability, and explore careers.

THE COURSE

Individuals will have the capability of selecting part or all sections of the courses offered within March 2 Success. Comprehensive course materials include study skills, language arts, math, science, and STEM preparation.

High school preparation (study skills, language arts, math, science) - High school flashcard decks (15 vocabulary and grammar, 10 math)

College Readiness Online Course (advanced level courses) - College readiness flashcard decks (15 vocabulary and grammar, 10 math)

STEM - areas include: - Social Science: 1,002 practice questions covering Macroeconomics, Microeconomics, Financial Accounting and Personal Finance - Nursing: Entrance exam practice tests include: PAX-RN, PSB Registered Nursing School Aptitude Examination (RN), Test of Essential Academic Skills (TEAS), and PSB Health Occupations Aptitude Examination - Technology: 1,200 practice questions covering Information Systems and Computer Applications, Introduction to Computing, Management Information Systems and Technical Writing - Pre-Engineering: 725 practice questions covering Pre-Calculus, Calculus, and Physics



(<http://www.goarmy.com>)

ABOUT MARCH 2 SUCCESS



March2Success is a FREE website providing users access to online study materials to help improve their scores on standardized tests such as state exit exams, college entrance exams, the military entrance exam (ASVAB) and others. Our content includes self-paced study programs in Math, English and Science, with a focus of materials on grades 8-12. The High School Math and Verbal Skills course as well as the College Readiness Online Course each start with a pre-assessment test, using the results to generate a custom learning path. The learning path includes interactive lessons, quizzes and additional practice tests. For example, the High School Science Hub provides lessons and practice tests in Earth Science, Biology, Chemistry and Physics.

We provide 7 full-length practice tests for both the SAT and ACT as well as 25 decks of flashcards. Each section is timed and scored comparable to the real test. Each section can be reviewed to see correct/incorrect answers along with a detailed explanation of the problem. You can also review the score to see the percentage, raw score and scaled score based on either the SAT or ACT scoring methods.

We also include information to help students navigate the entire college application process. This information includes admissions, financial aid and scholarship guides in addition to a college application and acceptance planning guide.

If you are an educator, parent or mentor looking to help your student(s) succeed, March 2 Success provides a monitoring tool to allow you to check their progress. This tool allows you to see their login frequency and how many times they are accessing specific courses. It also provides information about test scores and lessons completed.



(<http://www.goarmy.com>)

VIRTUAL LEARNING TOOLS

➔ [Return to Home \(/main/index\)](/main/index)



March2Success continues to expand its offering of tools for educators and to encourage students through game-based learning. Partnering with premier app developers, we're able to add these free apps that range over several March2Success initiatives. All of these apps are free and developed by the U.S. Army.

- **STARS: Elements:** STARS: Elements is designed to help teachers and students visualize the foundations of physical science and Chemistry. This app features visual learning tools that allow students to explore the periodic table, elements and atomic structure through interactive models, games and challenges. This app offers this innovative technology for free to high school and college teachers and students. <https://www.usarmystars.com/>
- **GoArmy Edge Football:** GoArmy Edge Football allows coaches to draw plays, coach visually, and design drills for players to get mental reps in a virtual environment before taking to the field. The app offers this innovative technology for free to high school and college coaches and players. <https://www.goarmyedge.com/football>
- **GoArmy Edge Soccer:** GoArmy Edge Soccer is designed to allow soccer coaches and players to diagram and time set pieces, learn defending, attacking and transition in a virtual environment before taking to the field. This app offers this innovative technology for free to high school and college coaches and players. <https://goarmyedge.com/soccer>
- **Career Navigator:** Career Navigator is designed to help everyone learn the benefits of a U.S. Army career. This app allows civilians to investigate all aspects of what it means to be a Soldier from careers to benefits to lifestyles to training. This app is an effective way to educate people about U.S. Army careers. <https://careernavigator.americasarmy.com/>

FREQUENTLY ASKED QUESTIONS for March2Success

1. What is March 2 Success?

It's an online, interactive way to hone your test-taking skills and your knowledge about English and Math. The program contains hours of interactive lessons, practice tests and drills. The web site also includes links that students can use to find out more about college admissions or the Army. The program uses the same coursework available to commercial customers of Peterson's.

2. How do I enroll?

To create a free account, click the registration button and complete the requested information.

3. Who can enroll?

Anyone, as long as they are at least 13. (Read our Privacy and Security Policy)

4. How much does the course cost?

The US Army provides the course free of charge as a public service.

5. How is my information protected?

Your information is protected in several ways. First, you must create a username and password that you must use every time you login to the site. If you login and don't use the site for 20 minutes, your session on the site automatically ends and you have to log back in. March 2 Success uses software programs that monitor network traffic to identify unauthorized attempts to upload or change information, or otherwise cause damage. Unauthorized attempts to upload information or change information (sometimes called hacking or hijacking) on this site are strictly prohibited. They may be punishable under the Computer Fraud and Abuse Act of 1986 and the National Information Infrastructure Protection Act. In addition, your information is encrypted.

6. Who developed the curriculum?

Peterson's, a leading provider of test preparation and admissions services that include the admissions tests for colleges, graduate programs as well as law, business, and medical schools.

7. If I use this site, what are my obligations to the Army?

There is no obligation.

8. What does March 2 Success do with the information I am asked to provide?

Your registration information is used in several ways. First, your name and email address are required to establish your enrollment record, which will be used to record your progress. You can review your progress every time you log in.

9. Will I be contacted by a recruiter?

No. March 2 Success does not provide any personal information to recruiters, unless you indicate you are already enrolled in the Army's Future Soldier Program.

10. I'm thinking about joining the Army. How can I find out more?

Click on the Army logo in the upper right corner of any page, or the goarmy.com link under Army Careers at the bottom of any page.

11. How do I utilize the SAT and ACT practice tests?

March 2 Success provides 7 practice tests for the SAT and ACT. Students can take these practice tests in full or in sections by subject; additionally instructions are provided for either testing option.

****See all FAQs at <https://www.march2success.com/main/faq>**

S SURVIVOR Outreach Services (SOS)

Survivor Outreach Services is an
ARMY FAMILY COVENANT COMMITMENT:
Keeping the Promise



We can help you
cope with your loss,
for as long as you desire.

OUR PURPOSE is to deliver on the Army's commitment to Families of the Fallen. Survivor Outreach Services (SOS) connects you with people who can help you cope with your loss.

Many times after you have lost a loved one, there are unresolved issues or questions that may surface months or years after the loss. The Army is dedicated to fulfilling the Family Covenant by providing support to Surviving Families for as long as they desire.

SURVIVOR OUTREACH SERVICES

SOS demonstrates the Army's commitment to Families of the Fallen by providing support and standardized services to Active, Reserve, and

Army National Guard Families.



The Hall Family, Survivors since 2007.

SOS is a holistic and multi-agency approach to delivering these services by providing access at garrisons and

communities closest to where Families live. Benefits Coordinators, Financial Counselors, and Support Coordinators are professionals available to deliver individualized support and attention to Survivors across the nation.

OUR MISSION

- Expand and improve services to Survivors
- Define roles and responsibilities for all agencies and all components
- Improve responsiveness and streamline the assistance process for Families
- Provide access to Benefits Coordinators, Financial Counselors and Support Coordinators locally, and Long Term Family Case Management

BENEFITS COORDINATORS

Benefits Coordinators will provide expertise on local, state and Federal benefits. They also work with Casualty

Assistance Officers, providing the Surviving Family with assistance to understand and apply for their benefits.

FINANCIAL COUNSELORS

Financial Counselors provide assistance to Surviving Families through investment and estate planning education. Financial counselors work closely with Benefits Coordinators, Army Long Term Family Case Management, and legal assistance to address the needs of Surviving Families.



The Alexander Family, Survivors since 2005.

SUPPORT COORDINATORS

Support Coordinators function as the long term support personnel for Survivors. Support Coordinators facilitate support groups, provide life skills education, and connect Survivors with counseling resources. These Coordinators work closely with Benefits Coordinators, Casualty Assistance Officers, and Army Long Term Family Case Management to ensure Survivors receive their necessary services.



FOR MORE INFORMATION:

Visit MyARMYOneSource.com, click on "Family Programs and Services" for the Surviving Families link.

SOS SUPPORT COORDINATOR:

Elizabeth Santos
NH Survivor Outreach Services Support Coordinator
1 Minuteman Way, Concord, NH 03301
Office: 603-227-5130
Cell: 603-219-8159
Elizabeth.g.santos.ctr@mail.mil

Division of Community Based Military Programs

Department of Military Affairs and Veterans Services

How can the Division help you?

By providing awareness, resources, and technical support services, the NH Division of Community Based Military Programs works to create an environment of cooperation & collaboration among community service providers, New Hampshire schools, civilian and military groups in order to ensure service members, veterans and their families have quality services & supports necessary to be strong, resilient and successful.

AWARENESS

Join our email list and be informed:
National Initiatives & Priorities
State Initiatives & Priorities
Opportunities to Collaborate
Events

RESOURCES

Ask The Question (ATQ) Toolkit
Referrals & Connections
Speakers Bureau
Training Resources
Online Resources
Military & Veteran Family Resource Guide
and Educator Supplement

SERVICES

Military Culture Training
Technical Assistance to Implement ATQ
Technical Assistance to Develop Military Culture Team
Coordination & Facilitation for Statewide Groups
Training on Military-related Topics

Contact the Division of Community Based Military Programs for more information about services available or assistance to more effectively meet the needs of service members, veterans & their families in your organization.

NH Division of Community Based Military Programs

~Speakers Bureau~

One way the NH Division of Community Based Military Programs can help your school create an enriching and supportive environment for military children and their families is by providing engaging and knowledgeable speakers to educate and inspire your students, professional staff and/or families. Speakers are available to schools free of charge. Length of presentations and topics can be tailored & customized to meet your target audience's needs.

What does your school community want to learn about military children & families?

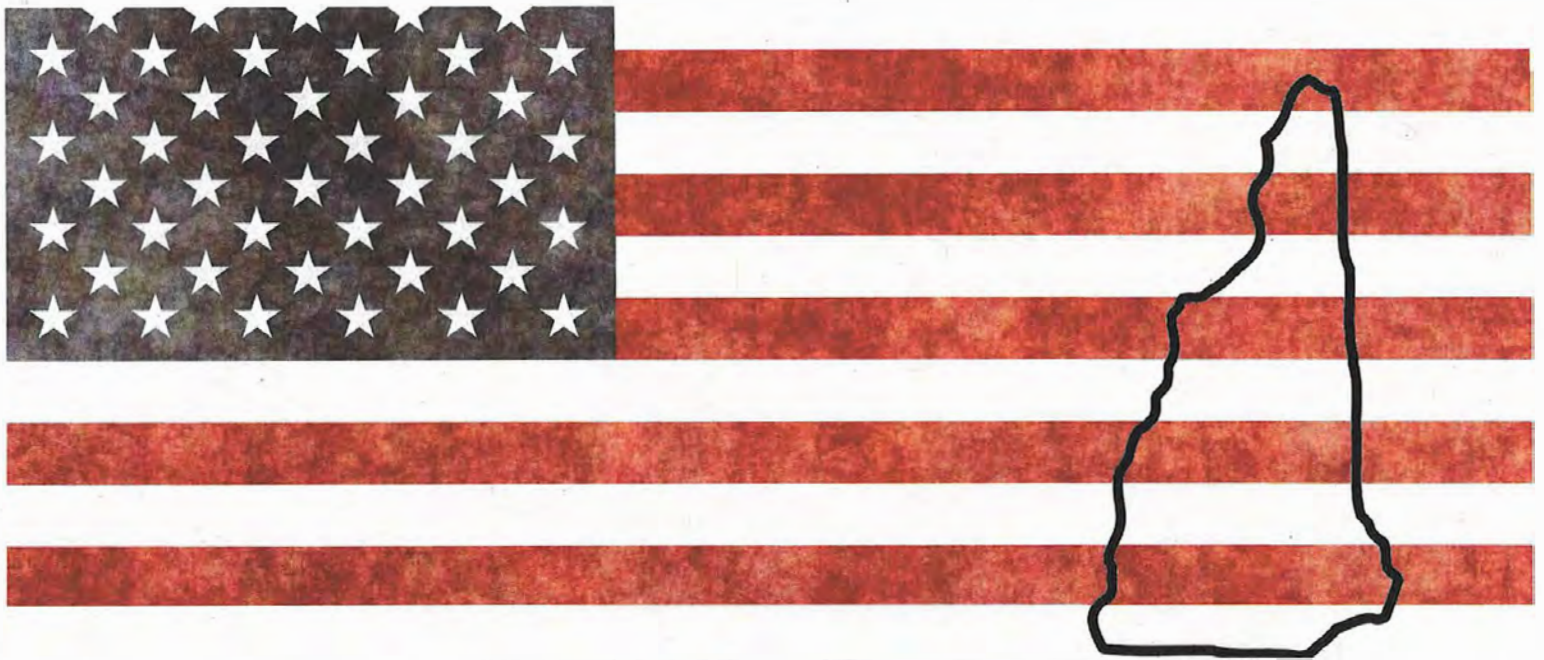
- ◆ How to develop an internal military support team
- ◆ How to use the Military Identifier data to achieve measurable outcomes
- ◆ How to teach & support resilience in military children
- ◆ The emotional cycle of deployment—how to recognize challenges experienced by children & families
- ◆ Resources for military children & families before, during and after deployments or active duty
- ◆ Ideas to support the unique social emotional needs of military children in the classroom
- ◆ Honoring community service—the ways service members & their families contribute to our communities
- ◆ Paid Career Training AND Free College?! Understand how the National Guard can train students for a successful career and support higher education goals starting in the junior year of high school and age 17!
- ◆ Military Teens—What we want you to know
- ◆ And, more!

Join the NH Division of Community Based Military Programs in turning the phrase “Thank you for your service” into action!

When asked how a community can best support a deployed service member, an active-duty father responded, “Take good care of my children so I don’t have to worry every day about them.”

Contact Amy Cook to discuss your school’s training needs.

(603) 271-9394 or Amy.Cook@dhhs.nh.gov



MILITARY CULTURE TRAINING FOR SCHOOLS

**FREE TRAINING & RESOURCES FOR NEW HAMPSHIRE
PUBLIC & PRIVATE SCHOOLS!**

**Is your child's school interested in developing supports for
military students & families?**

- Increase protective factors for students whose parents are deployed
- Keep students on track for graduation & career development
- Connect military families to social support
- Teach and model an appreciation for those who have served and their families who serve with them



NEW HAMPSHIRE DEPARTMENT OF MILITARY AFFAIRS
AND VETERANS SERVICES

Tell your school Administrator to contact Amy Cook.
Division of Community Based Military Programs
(603) 271-9394
Amy.Cook@dhhs.nh.gov



STAYING STRONG

The Social-Emotional Needs of Children in Military Families

Brought to you by the NH Division of Community Based Military Programs

Length: You tell us! Training can be formatted to meet alternate time or training needs

Description: Military Families in NH straddle two worlds — they live in local communities yet work or drill in a military culture. Military youth are geographically dispersed and can feel isolated, yet they are also members of a unique community and proud of their military parents. The NH National Guard and the Department of Health & Human Services have teamed up to provide you with a snapshot of how military service shapes the family experience.

It's not just the services member who serves; it's the family. As an Army wife and social worker, Rebecca Searles has firsthand experience on the impact of military service on the family unit. Rebecca will share her family's story as well as her unique perspective as a social worker who specializes in working with service members and their families.

Deployment and military service create noteworthy challenges with cycles of departures and reunions. This session will touch on life under these circumstances, address risk and protective factors for NH Military Youth, and give an overview of programs and resources that build resilience and offer support for Military Youth in New Hampshire.

Technical Assistance to develop internal Military Support Teams or implement measures to identify and support children in military families can be offered as a free follow up service to this workshop by the Division of Community Based Military Programs.

Cost: Training and technical assistance services are currently free of charge.



Presenters:



Amy Cook, Administrator, Division of Community Based Military Programs, NH Dept of Military Affairs & Veterans Services

Rebecca Searles, MSW; Military Spouse/Social Worker

Jennifer Hollidge, Lead Child and Youth Program Coordinator- Contractor, NH National Guard

SFC Dana Osborne, State Resilience Coordinator, Senior Instructor-195th Training Regiment

Trainings on a variety of topics related to service members, veterans and their families are available for your teams! Contact Amy Cook, NH Division of Community Based Military Programs to discuss your training needs. (603) 271-9393 Amy.Cook@dhhs.nh.gov

MILITARY-CONNECTED SCHOOL PERSONNEL: RESOURCE AND TRAINING WEBSITE

Here is a quick summary of the School Resources website, which is dedicated to supporting school personnel who work with military-connected students.

Please visit <http://schoolresources.militaryfamilies.psu.edu>



Online Learning Modules

The Clearinghouse for Military Family Readiness at Penn State is developing four online learning modules. The first module, which is about the Interstate Compact on Educational Opportunity for Military Children, will be debuted as part of the website launch. Three additional modules are currently in development. These modules will focus on military work-related parental absence, geographic transitions, and military and schools.



Toolkit

Each module contains a variety of resources including quick reference fact sheets, brochures, tip and strategy handouts, checklists, and links to outside handouts and resources. The Toolkit resources are directly related to the online learning modules.



Top Resources

The Clearinghouse vetted over 250 free, publicly-available resources related to school personnel and military children. The best resources related to each of the following will be highlighted on the website: academics, behavior, deployment or parental absence, grief, parental injury, the Interstate Compact, military children, military culture, and reintegration.



Clearinghouse Continuum of Evidence

The Clearinghouse for Military Family Readiness at Penn State has reviewed over 1000 programs to determine the potential benefit to military families. To view the effectiveness of a particular program, or identify reviewed programs, users can click on the link to the Continuum from the School Resources page.



Technical Assistance

The Clearinghouse also provides assistance with program selection, implementation, and evaluation via Technical Assistance (TA). Specialists are available to support you in your work with military families.



Funded by the Office of Military Community and Family Policy, the TA Specialists at the Clearinghouse are available, free of charge, to consult with you as you think about the best ways to work with Military families. The Clearinghouse TA staff can support you by:

- Identifying data and research findings related to evidenced-based programs and implementation science
- Providing information on evidence-based programs
- Assisting with selecting a program
- Providing strategies to help with program implementation
- Obtaining program or training materials
- Developing a program evaluation plan



The Technical Assistance Specialists are available via live chat, email at clearinghouse@psu.edu, or phone at 1-877-382-9166, and can be reached from 9 a.m. to 5 p.m. EST/EDT.



★ ★ ★ ★ ★
FREE EDUCATION

About Us

PsychArmor Institute is a Non-profit that provides **FREE EDUCATION** and support for all Americans to engage effectively with the military community.

PsychArmor is the only national institute of its kind, dedicated to bridging the military-civilian divide through **FREE ONLINE EDUCATION**. Additionally, PsychArmor provides a Support Center staffed with mental health experts that are ready to support you.

PsychArmor recruits nationally recognized subject matter experts to create and deliver online courses about issues relevant to the military and Veteran communities. Our self-paced courses are delivered within nine topic areas geared toward military culture, healthcare providers, employers, **K-12 educators**, higher education, volunteers, caregivers and families, transitioning service members, and communities serving Veterans. We provide critical resources to all Americans who work with, live with, and care about service members, veterans and their families.

With fewer than 7% of our country having served in uniform, most Americans are unfamiliar with military life and military culture... a better understanding of Military Culture and the Veteran community can alleviate many of the challenges Active Duty Service Members and Veterans face.

Marjorie Morrison, PsychArmor Institute Founder

Business Info

11199 Sorrento Valley Rd
Ste. 203, San Diego, CA 92121
info@psycharmor.org

501 (c)(3) Nonprofit #46-5124059

<https://psycharmor.org>



STAR BEHAVIORAL HEALTH PROVIDERS®

Civilian Professionals. *Military Sensitivity.*

Coming to NH!

Star Behavioral Health Providers (SBHP): Program Overview

What is SBHP?

- Star Behavioral Health Providers (SBHP) is a training and referral system aimed at expanding the access that Service Members, Veterans, and their families have to civilian behavioral health providers. Through SBHP, civilian clinicians are trained in understanding and treating members of the military at continuing education workshops for free or at minimal cost. The emphasis is on meeting the unique behavioral health needs of those serving in the Army and Air National Guard.
- After completing specific, tiered trainings, these providers can apply to a state registry which allows Service Members, Veterans, and their families, as well as military leaders, Directors of Psychological Health and other behavioral health staff, to find nearby clinicians who have received specialized training in military-relevant issues.
- SBHP has always operated in close partnership with National Guard leaders. It is a community-driven program representing a collective effort between them, local military, state government, universities, and other grassroots organizations in select states. As such, the program expands options for referring military members to high quality care in their communities across the country.
- Since August 2011, the Military Family Research Institute (MFRI) at Purdue University, Center for Deployment Psychology (CDP), the National Guard and other local partners have worked together to offer SBHP in:
 - Indiana, Michigan, Georgia, California, South Carolina, Ohio, New York, Utah, and Oregon.
 - Other states are expressing strong interest in SBHP, and regional networks are developing with a focus on the Northeast and Midwest regions.

Why was SBHP created?

- Military service impacts those individuals who serve our country as well as their circle of support. Deployments may increase the likelihood of a host of behavioral health conditions such as post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), sleep problems, and substance abuse. Family members may also experience distress and relationship challenges related to military life.
- Military members across the country – particularly those in the National Guard and Reserves in remote areas – often need access to civilian behavioral care because they may not live near military treatment facilities or VA clinics, or for other reasons. In these circumstances, they want to be seen by community providers who have knowledge about their experiences and culture. Yet many civilian clinicians have not developed military awareness and skills for treating them.

To fill this gap, SBHP offers 3 training tiers covering a range of military behavioral health topics including:

Tier One – 1 day 1 instructor	Tier Two – 2 days 2 instructors	Tier Three – 2 days 1 instructor
Military Culture	Sleep Disorders	One of the following evidence-based psychotherapy workshops including: Prolonged Exposure Therapy (PE) Cognitive Processing Therapy (CPT) CBT-Insomnia CBT-Depression Suicide Prevention (13 hrs. excluding breaks & lunch)
Deployment Cycle	Traumatic Brain Injury	
Service Member Panel (6.5 hrs excluding breaks & lunch)	Substance Abuse	
	PTSD	
	Suicide	
	Military Families	
	Ethics (13 hrs excluding breaks & lunch)	

SBHP Accomplishments

- Between August 2011 and 2018, SBHP conducted 363 workshops, training over 11,886 individuals including social workers, addiction counselors, marriage and family therapists, and psychologists.
- More than 2,200 civilian providers have been taught to use evidence-based treatments for conditions such as PTSD, suicide, depression, or insomnia.
- Over 1,200 civilian providers have been added to SBHP state registries.
- Participants have reported significant increases in their confidence to treat Service Members and Veterans and have demonstrated significant gains in knowledge about military culture, issues relevant to treating military populations, and evidence-based psychotherapies.
- Participants also report an array of benefits from SBHP trainings. A selection of participant responses to the question “What was the most beneficial aspect you will take from the training?” include:
 - “A deeper appreciation of the culture of military life: the stressors faced by military personnel and their families, in times of deployment, coming home, and adjusting to life at home.”
 - “A clear understanding of the modalities of treatment approved by the military in treating mental health and PTSD for soldiers and families.”
 - “It (the training) raised my awareness and knowledge about the key issues impacting veterans and service members, particularly sleep, suicidality, and traumatic brain injury.”
 - “How complicated the military culture looks from someone who is not immersed in it – but I feel better prepared to work with a veteran now.”





Military Culture Awareness Webinar Options



The webinars listed below offer a wide range of military cultural and related training to help enhance the ability to provide high quality services to Service Members, Veterans, and Families of all eras.

Red Sox Foundation and Massachusetts General Hospital's Home Base Program and the National Center for PTSD

From the War Front to the Home Front: Supporting the Mental Health of Veterans and Families

This online training series helps health care professionals in the community recognize and address the challenges faced by Iraq and Afghanistan veterans and their families. The series is presented free, as a community service. The series features on-demand sessions led by clinician-researchers from Massachusetts General Hospital, Harvard Medical School, and the VA Healthcare System.

To find out more about or to register for a session, CTRL + Click on the below session title.

Military Culture and Introduction	CEs	Cost	Time (hrs)
<u>The Challenges of Coming Home After War: What Providers Need to Know</u> Matthew J. Friedman, MD, PhD Naomi M. Simon, MD, MSc	1	Free	1
<u>Military Culture</u> Bill Davidson Lauren Richards, PhD	1	Free	1
<u>Reintegration Issues from the Veteran's Perspective: Overcoming the Stigma of Seeking Help</u> Margaret Harvey, PsyD Nicholas Dutter	1	Free	1

Military Family Challenges	CEs	Cost	Time (hrs)
<u>Challenges Facing Other Family Members When a Veteran has PTSD</u> Bonnie Y. Ohye, PhD Daniel Maher LICSW	1	Free	1
<u>Impact of Combat-Related Injury, Illness, and Death on Military Children and Families</u> Stephen J. Cozza, MD	1	Free	1
<u>Keeping Military Families Emotionally Strong: Couples Therapy for PTSD</u> Steffany J. Fredman, PhD	1	Free	1
<u>Supporting Resilience in Military Connected Children: The PACT Model</u> Paula K. Rauch, MD	1	Free	1
<u>When One Family Member Serves, the Entire Family Serves</u> Kathy Clair-Hayes, LICSW, MSW, MA Patricia Lester, MD	1	Free	1

Understanding Trauma and Treatment	CEs	Cost	Time (hrs)
<u>Aggression and Domestic Violence</u> Casey Taft, PhD	1	Free	1
<u>Challenges of Treating Co-Morbid PTSD and TBI</u> Rebecca Brendel, MD, JD Ross D. Zafonte, DO	1	Free	1
<u>Clinical Practice Guidelines and Resources for PTSD Treatment</u> Matthew J. Friedman, MD, PhD	1	Free	1

<u>Cognitive Processing Therapy for PTSD</u> Kathleen Chard, PhD	1	Free	1
<u>Managing Grief and Loss in Returning Veterans and Families</u> Naomi M. Simon, MD, MSc	1	Free	1
<u>Military Sexual Trauma</u> Amy Street, PhD	1	Free	1
<u>Pain Issues in Returning Veterans</u> Carri-Ann Gibson, MD, DAAPM, DFAPA	1	Free	1
<u>Prolonged Exposure and Virtual Reality Therapy for PTSD</u> Barbara Rothbaum, PhD Stefan Schmeertz, PhD	1	Free	1
<u>Psychopharmacology of PTSD</u> Bruce P. Caphart, MD	1	Free	1
<u>PTSD Diagnosis and DSM-5</u> Matthew J. Friedman, MD, PhD	1	Free	1
<u>Recognizing PTSD and Co-Morbidities</u> Terence M. Keane, PhD	1	Free	1
<u>Recognizing Suicide Risk in Returning Veterans</u> Lisa Brenner, PhD, ABPP	1	Free	1
<u>Sleep Issues in Returning Veterans</u> Bruce P. Caphart, MD	1	Free	1
<u>Substance Abuse</u> Andrew J. Saxon, MD	1	Free	1
<u>Traumatic Brain Injury</u> Ross D. Zafonte, DO	1	Free	1

Live Broadcasts/Clinical Case Conferences	CEs	Cost	Time (hrs)
<u>Staying Strong: Helping Families and Schools Build Resilience in Military-Connected Children</u> Paula K. Rauch, MD	1	Free	1
<u>Clinical Case Conference - When Substance Abuse and PTSD Collide</u> Sonya Norman, PhD Margaret Harvey, PsyD	1	Free	1
<u>Reproductive Mental Health Care in Younger and Older Female Veterans</u> Lee Cohen, MD	1	Free	1
<u>Clinical Case Conference - When a Parent has PTSD: Restoring Resilience in Parents and Their Children</u> Bonnie Y. Ohye, PhD Stephen J. Cozza, MD	1	Free	1
<u>Student Veterans' Health: What College Health Professionals and Faculty Need to Know</u> Annabel Prins, PhD Tommy Furlong	1	Free	1
<u>Service Dogs, Acupuncture, Psychotherapy, and More: What's the Evidence and What's Evidence-based</u> Naomi M. Simon, MD, MSc Matthew J. Friedman, MD, PhD	1	Free	1
<u>Physical Health and Mental Health Following Deployment</u> Bradford L. Felker, MD	1	Free	1
<u>Clinical Case Conference - Recognizing and Treating Mild TBI and PTSD</u> Sheila Rauch, PhD Grant Iverson, PhD	1	Free	1

Department of Veterans Affairs and Center for Deployment Psychology

The Center for Deployment Psychology (CDP) trains military and civilian behavioral health professionals to provide high-quality, culturally-sensitive, evidence-based behavioral health services to military personnel, veterans and their families.

Military Culture: Core Competencies for Healthcare Professionals

This interactive online training course provides an overview of military culture to include organizational structure, rank, branches of service, core values, and demographics as well as similarities and differences between the Active and Reserve components. It is intended to assist civilian mental health providers in better understanding, communicating and effectively interacting with Service members and their families.

There are four modules in this series. Upon successful completion of the final test in each module, non-VA providers will be given a link to a form to complete and submit via email to EESEPC@va.gov to receive their CEUs.

To find out more about or to register for a session, CTRL + Click on the above Series title.

	CE (select professions)	Cost	Time (hrs)
Module 1: Self-Assessment and Introduction to Military Ethos	2	Free	2
Module 2: Military Organization and Roles	2	Free	2
Module 3: Stressors and Resources	2	Free	2
Module 4: Treatment, Resources, and Tools	2	Free	2

The CDP does not offer CE credits or certificates for the below free interactive online courses. Individuals interested in taking these online courses at a cost for CE credits and a certificate will instead be directed to Relias Learning (please verify your profession's eligibility or CEs before registering (CE information found at each session's web address)).

To find out more about or to register for a session, CTRL + Click on the below session title.

	CE (select professions)	Cost	Time (hrs)
<u>Military Culture Overview</u> Jenna Ermold, Ph.D.	1.25	Fee for CE / Free for 0 cr	1.25
<u>Cognitive Processing Therapy (CPT) for PTSD in Veterans and Military Personnel</u> Priscilla Schulz, LCSW Laura Copland, MA, LCMHC	1.25	Fee for CE / Free for 0 cr	1.25
<u>Prolonged Exposure (PE) Therapy for PTSD in Veterans and Military Personnel</u> Jenna Ermold, Ph.D. William Brim, Psy.D. David Riggs, Ph.D.	1	Fee for CE / Free for 0 cr	1
<u>Identification, Prevention, and Treatment of Suicidal Behavior for Service Members and Veterans</u> Jenna Ermold, Ph.D. Michelle Cornette, Ph.D. Regina Shillinglaw, Ph.D. Marjan G. Holloway, Ph.D.	2.25	Fee for CE / Free for 0 cr	2.25
<u>The Impact of Deployment and Combat Stress on Families and Children. Part 1</u> Jenna Ermold, Ph.D. William Brim, Psy.D.	2.75	Fee for CE / Free for 0 cr	2.75
<u>The Impact of Deployment and Combat Stress on Families and Children. Part 2</u> Jenna Ermold, Ph.D. William Brim, Psy.D.	1.75	Fee for CE / Free for 0 cr	1.75

<u>Provider Resiliency and Self-Care: An Ethical Issue</u> Jenna Ermold, Ph.D.	1	Fee for CE / Free for 0 cr	1
<u>Epidemiology of PTSD in Military Personnel and Veterans: Working with Service Members and Veterans with PTSD</u> Jenna Ermold, Ph.D. William Brim, Psy.D. David Riggs, Ph.D.	1.25	Fee for CE / Free for 0 cr	1.25
<u>The Fundamentals of Traumatic Brain Injury (TBI)</u> Jenna Ermold, Ph.D. William Brim, Psy.D.	1.5	Fee for CE / Free for 0 cr	1.5
<u>Depression in Service Members and Veterans</u> Jenna Ermold, Ph.D. Lisa French, Psy.D.	1.5	Fee for CE / Free for 0 cr	1.5

Thank you for supporting our NH military students & families!

This Resource Guide is a result of a collaboration between:



NEW HAMPSHIRE DEPARTMENT OF MILITARY AFFAIRS AND
VETERANS SERVICES

NEW HAMPSHIRE NATIONAL GUARD

GOVERNOR'S COMMISSION ON ALCOHOL & OTHER DRUGS:
JOINT MILITARY TASK FORCE

NH SUICIDE PREVENTION COUNCIL—MILITARY & VETERANS



F O R T     

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