HAVE YOU EVER SERVED IN THE MILITARY?

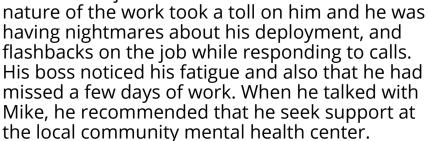
One question can make a big difference.

Mental Health & Substance Use Disorders Services Help a Veteran Get Accurate Diagnosis and Treatment

Mike had his dream job. After serving in the Navy and completing his final tour to a war zone, he planned to get a job as a fire fighter. He was offered a job at his local fire department right away. He was so excited to start his job that he cut short his time-off period after his deployment and started the job early.



Only a few weeks went by before Mike started drinking pretty heavily after work. The stress of the job and the





Once the therapist knew this, and with Mike's permission, he was able to consult and collaborate with a local Vet Center therapist to provide more culturally competent care and get Mike the help he needed to address his substance abuse and other underlying issues. Mike continued his therapy at the CMHC and also participated in group therapy with other combat veterans at the Vet Center. Good thing Mike returned for the second session! The therapist discussed this at the next staff meeting and the director of the mental health center decided to Ask the Question about military service in the standard intake interview.

ASK THE QUESTION:

"Have you or a family member ever served in the military?"

One question can make a big difference!



THE OULSTO

